Evaluation of Date Compote Prepared with Different Levels of Dibs and Milk

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Abstract

Date compote manufacture supported by milk as source for the fat and protein and dibs as an alternative to sugar partial or whole, is highly nutritious and economically cheap. Therefore, this research was study the effect of fortification by different levels of milk (0.0, 25 and 50% of date weight) and dibs by different levels as an alternative to sugar solution (0.0, 50, and 100% of sugar solution) on physiochemical and sensory evaluation of date compote.

The obtained results revealed that fortification of date compote by milk and replacement dibs as an alternative to sugar solution at different levels had a significant effect on physiochemical composition of date compote, i.e. total solids %, total dietary fibers %, total protein%, total lipids %, ash% and pH value; sugars composition of date compote, i.e. total sugars %, reducing sugars%, sucrose%, glucose% and fructose % except glucose/fructose ratio;

minerals composition of date compote, i.e. Potassium (K), , Sodium (Na) , Calcium (Ca) ,Magnesium (Mg) and Iron (Fe) contents (mg/100g); essential amino acids composition of date compote (histidine, isoleucine, leucine, lycine, methionine, phenylalanine, tryptophan and valine) and non-essential amino acids composition of date compote, i.e. alanine, arginine, aspartic, cysteine, glutamic, proline, serine and tyrosine and sensory evaluation of date compote (flavour, appearance, taste, and consistency).

Generally, it could be demonstrated from the results in this work that date compote supported by milk at 50% and dibs as alternative to sugar at 100 % of date weight is the best ,accept ,highly nutritious .

Introduction

New Valley Governorate is one of the common governorates in Egypt in the production of dates (Phoenix dactylifera L.) about 45 a thousand tons. Egypt is producing 1.50 million tons of dates annually which represent 17.70% of the world production *(FAO, 2017)*. The fruit of the dates are good sources of sugars, fiber, contain many important vitamins such as vitamin C, pro-vitamin A, and minerals, containing significant amounts of calcium, iron, fluorine, and selenium *(AI-Shahib, and Marshall 2003)*.

Dates are an important source of calories with about 78% carbohydrates 2-3% proteins and 1% fat (Nasehi et al., 2012). The major parts of the carbohydrates in dates are in the form of fructose and glucose (Ishurd and Kennedy, 2005). The fruit contained 32% glucose and 30% fructose, while the water-insoluble fibers of its flesh consisted of 49.9% lignin and 20.9% polysaccharides (Shafiei at el; 2010). The sugars in dates are easily digested and can immediately be moved to the blood after consumption and can quickly be metabolized to release energy for various cell activities (Khan et al., 2008). High date fruit consumption can reduced risk of several chronic diseases such as coronary heart disease, cardiovascular disease, cancer, aging, atherosclerosis, neurodegenerative disease, tumor, and mutagens (Al-Farsi and Lee, 2008; Gad et al., 2010). Date has antitumor activity, antioxidant and anti-mutagenic properties (Abbes et al., 2013). Surplus dates are made into cubes, spread, paste, powder (date sugar), jam, jelly, juice, syrup, vinegar and alcohol. Dates are usually taken as such or with Arabian coffee, milk, or yoghurt, and are used in many bakery or confectionary products together with chocolate, coconut, honey and vinegar (Besbes et al., 2009).

Date syrup (Dibs) is a produced in home and village by extraction and boiling down of juice and on a semi and full industrial scale (*FAO*, *2017*). It is product obtained from matured product with about 67-72% solid concentration consisting of 95% reducing sugar (*Rofehgari-Nejad et al., 2010*). Date syrup as the main and general by-product of date is used for foodstuffs such as jams, marmalades,

concentrated beverages like dough, kashk, chocolates, ice cream, yoghurt dessert, confectioneries and honey, bakery products, sesame paste/date syrup blends, jam and some other like sweets, snacks, and health foods (*EI-Sharnouby, et al. , 2009*). However, dates are known to be rich in carbohydrates (80%) but quite low in protein among 2 to 3% (*Kaushik et al., 2016*).

Milk has good quality protein such as caseins and whey proteins, which contain essential amino acids , fat and minerals. It has good amount of calcium and vitamins, specially vitamin A, B and C, riboflavin, niacin and folic acid, which are very important for biological processes and normal growth of body *(Ismail, 2015)*. The milk which deficient in iron content compared with other food *(Miguel, et al. 2003)*. Many studies had indicated that date and its processing by-products are good substrates for the production of dairy products. In this study date compote made from date flesh with date syrup (Dibs) substitute to sugar solution and fortified by milk attribute to improve the sensory characteristics and nutritional value of date compote that might be consumed as new functional product. Consequently, the aim of this study is to study effect of fortification by the different levels of date syrup (dibs) and milk on physiochemical and sensory parameters of date compote.

Materials and Methods

This work was carried out in Foods & Dairy Science and Technology departments Laboratories, Fac. Agric. New Valley Branch, Assuit University, Egypt, during 2016 and 2017 working seasons to evaluate effect of different levels of date syrup or dibs (as a sugar solution replacer) i.e. 0.0, 50.0 and 100% of the sugar solution and milk (0.0, 25.0 and 50% of date weight) on physiochemical and sensory parameters of date compote. Sugar solution concentration used in processing of date compote is 65 %

Materials

Date fruits

Saidy cultivar of date (*Phoenix dactylifera* L.) high quality fruits at Tamr stage were sorted, obtained from the Elforqan Date Packing Factory, El-Kharga City, New Valley Governorate, Egypt.

Milk

Fresh evaporated cow's milk (52.75% moisture, fat 13.93 %, protein 12.14%, Lactose 18.16%, ash 2.85%, acidity 0.17% and pH 6.1) analyzed by Milk Scan (Bulgaria) .Milk was obtained from dairy farm of El-Kharga City, New Valley Governorate, Egypt. This milk was reduced to about one-fourth of its original volume by slow evaporation before use.

Methods

Preparation of date flesh and syrup (Dibs):

According to *(Kaushik1 et al. , 2016)*, date flesh was separated from kernel , then flesh was weighted and washed twice and remove excess water from it, this used in processing date compote and other part from washed date flesh was extracted by 1:3 (date flesh :water) at 70°C for two hours with stirring at intervals. The produce juice was filtered in cheese clothes (double layer). Then, juice was concentrated using water bath at 70°C and stir it occasionally to avoid burning at the bottom until total soluble solids% (TSS%) reach 75% and place in a cool condition for storage until use it. When used, dibs as an alternative to sugar solution 65% was diluted from 75% to 65% TSS%.

Preparation of date compote:

Date compote is normally prepared by heating 1 kg date flesh in 1.5 liter sugar solution (65%) or dibs (65%) with / or without milk according to the studied previous treatments in a simultaneously using water bath at 70°C for 20 minutes with stirring at intervals as in Table (1).

The representative samples of date compote were packed in 500 ml brown plastic containers and were kept in the refrigerator. The chemical analyses, physical characters, and sensory features were carried out on fresh date compote.

Analytical methods of date flesh, dibs and date compote samples:

Total soluble solids (TSS) % was determined by "Abbe" Refractometer at 20 ° C . Moisture, ash, pH ; titratable acidity and dietary fiber content of date flesh and compote were quantified using procedure of the *AOAC (2005)*.

Protein was determined by Kjeldahl. The protein content was expressed as nitrogen multiplied by a factor (6.25 for date flesh or syrup and 6.38 for milk).

Sugars: Reducing sugar and total sugars were determined according to Lane and Eynon volumetric method using titration with Fehling's reagents (*Ranganna, 1986*).Non-reducing sugars content was calculated by difference. Mineral analysis: Calcium, Magnesium and Iron were determined using the Atomic absorption, while Potassium and Sodium were determined using Flame photometer as in *AOAC* (2005).

Lipid Extraction:

Homogenized tissue (10 g) was progressively added to small amounts of a chloroform/methanol 2:1 (v/v) mixture (up to 200 ml) as in **AOAC (2005)**, with vigorous shaking, and then the extraction was carried on for a further 2 h, using an electromagnetic stirrer. The mixture was filtered and the filter was rewashed with fresh solvent and pressed according to Folch method.

Amino Acid Analysis:

Amino acid analysis, using vapor HCl hydrolysis of samples and standards at 110 $^{\circ}$ C for 19-20 hours. After hydrolysis, samples submitted on PVDF are extracted three times with 100 microliters of 40% acetonitrile / 0.5% trifluoroacetic acid and the extracts dried

completely in Speed vac before re-suspension in sample buffer. Amino acids were determined as mg/100 g date compote on dry weight basis. Samples and standards are then analyzed using a Beckman 6300 system according to the official standard method (AOAC, 2005). Tryptophan amino acid was determined according to Vakaleris and Price (1959) and modified by Lin et al., (1982).

Sensory evaluation of date compote:

Representative samples were examined for sensory preference test in a hedonic scale of 10 points, where 1 (one) was for dislike very much and 10 (ten) for like very much. The sensory evaluation of the resultant samples was judged by 20 staff members and semi-trained panelists for taste, flavor, appearance and overall acceptability as described in *EI-Nagga and Abd EI-Tawab (2012)* with some modifications.

Statistical analysis:

The results of this study were analyzed using SPSS (Version 20) software. Data analysis method used for analysis of variance (ANOVA). Differences among treatments were evaluated according to procedure out lined by *Gomez and Gomez (1983)*. Significant of difference between means was defined (P<0.05) using Duncan's multiple range test.

Results and Discussion

Physicochemical composition of date flesh and date syrup (dibs):

Analysis of date flesh as shown in Table (2) revealed that moisture, dry matter, dietary fiber, protein, lipids, ash and total sugar and reducing sugars content were within 21.69, 78.31, 8.34, 1.72, 2.04, 1.85, 74.95 and 71.14 %, respectively. These results were, in general, comparable to those reported previously Borchani et al. (2010) and Assirey (2015). Al-Hooti et al. (1997) found date flesh contains protein content very little, and therefore not a good source of protein. Although date flesh had relatively low protein, fat and ash contents, it's had a high amount of reducing sugars namely fructose and glucose. The low lipid content compared with the high sugar content of dates is a good indicator for its potential uses. Date flesh was a super source of dietary fiber (8.34% on dry weight basis ,DWB). Dietary fibers diets are associated with the prevention of some diseases for example constipation, colonic cancer, diverticular disease. heart disease, cardiovascular coronary disease. atherosclerosis, diabetes and obesity (Al-Farsi et al., 2007). As well dietary fiber concentration should have a balanced content of soluble and insoluble fraction (Hasnaoui et al., 2012). This is necessary for food industry and ability to transformation on new products is available in the markets.

Also in Table (2) illustrate the chemical of date syrup (Dibs). It was found that the moisture content of dibs was 35.33% while, dry matter, dietary fiber, protein, lipids, ash, total sugar and reducing sugars contents of dibs were 64.67, 0.59, 1.03, 2.33, 1.71, 55.09 and 51.35%, respectively. The above data showed that total sugars and

reducing sugars contents were the highest values of the date syrup. Generally date syrup contained low fat, protein, ash and dietary fiber. These results are in agreement with previous studies *El.Nagga and Abd El.Tawab (2012).*

According to this study the major part of date syrup consisted of reducing sugars, fructose and glucose as predominant sugars. These sugars have more advantages in comparison with sucrose (Sugar) on health since they are having higher sweetness (*Ghafari et al., 2013*), which are easily absorbed by the human body. So, date syrup considered as good and healthy replacement for sugar in processing of compote. These data are in same trend with those reported by *Raiesi Ardali et al.(2014)*.

Physiochemical composition of date compote fortification and replacement by different levels of milk and dibs:

Data tabulated in Table(3) shows the effect of fortification by irrespective of replacement by dibs on physiochemical milk. composition for date compote, i.e. total solids %, total dietary fibers %, total protein%, total lipids% and ash%. The results revealed that increasing fortification of date compote by milk from zero to 25 and 50 % of date weight led to an increase in total protein % of date compote by 39.79 and 79.03%, total lipids % of date compote by 30.72 and 55.56% and ash % of date compote by 9.82 and 18.30% of the control value (without or zero milk), respectively. This finding might be due to milk was a good source of protein and lipids, In contrast, Date flesh contained trace amounts of protein and lipids (Kaushik et al., 2016) . Also, results indicated that increasing quantity fortification of date compote by milk from zero to 25 and 50 % of date weight led to decrease in total solids % by 7.52 and 12.76 % as well as total dietary fibers of by 3.37 and 4.01 % and pH value by 3.63

and 7.74% of the control value (without or zero milk), respectively. This decrease might be attribute to that milk is a poor source of dietary fibers; in contrast, milk contained moderate amounts of moisture.

Data for the effect of replacement of sugar solution by dibs on physiochemical composition of date compote, irrespective of fortification by milk, are shown in Table (3). Results cleared that replaced dibs level had a significant effect on the all previous traits. The present results indicated that increasing replacement of dibs level from zero to 50 and 100% of sugar solution led to an increase in total solids% of date compote by 1.20 and 1.97%, total protein % of date compote by 7.53 and 18.41%, total lipids % by 3.32 and 23.20% and ash % by 18.27 and 34.62% of the control value (without or zero dibs), respectively. Also, results indicated that increasing quantity replacement of date compote by dibs from zero to 50 and 100 % of date weight led to decrease in total dietary fibers by 1.97 and 5.31 % and pH value of date compote by 4.83 and 6.47% of the control value (without or zero dibs), respectively. This result might be due to date flesh was a good source of dietary fiber, in contrast, dibs contained trace amounts of total dietary fiber. These results are in the line with that reported by Raiesi Ardali et al.(2014).

Effect of fortification and replacement by different levels of milk and dibs on sugars composition of date compote:

Data tabulated in Table (4) shows the effect of fortification by milk, irrespective of replacement by dibs on sugars composition of date compote, i.e. total sugars %, reducing sugars%, sucrose%, glucose%, fructose % and glucose/fructose ratio. Results cleared that fortification level by milk had a significant effect on the all studied traits except glucose/fructose ratio. The data showed that increasing

fortification of date compote by milk from zero to 25 and 50 % led to decrease in total sugars of date compote by 10.11 to 7.69%; reducing sugars by 12.48 to 8.26 %; sucrose by 28.83 to 17.05% and; glucose by 19.68 to 9.03 % and fructose by 19.43 to 11.10 % by comparison the control compote ,respectively. This decrease in the previous traits might be attribute to milk was a weak source of total sugars (glucose and fructose) and sucrose. These findings are in the same line with those reported by **Guetouache et al.(2014)**.

With regard to effect of replacement of sugar solution by dibs on chemical composition of date compote, irrespective of fortification by milk, are shown in Table (4). Data cleared that replaced dibs level had significant effect on all previous traits. The recorded data indicated that increasing replacement of dibs level from zero to 50 and 100% of sugar solution led to an increase in total sugars% of date compote by 2.42 and 4.68%, reducing sugars % of date compote increased by 2.51 and 7.62%, glucose% of date compote increased by 7.57 and 15.96% and fructose% of date compote increased by 5.61 and 15.32% of the control value (without or zero dibs), respectively. Also, results indicated that increasing quantity replacement of date compote by dibs from zero to 50 and 100 % of date weight led to decrease in sucrose% of date compote by 101.20 and 280.54%, respectively. This finding might be due to Date flesh and dibs was a good sources of total sugars, glucose and fructose contents, in contrast, date flesh and dibs contained little amounts of sucrose content, might be during the maturation process sucrose converted to glucose and fructose. These results are in the line with that reported by El-Nagga and Abd El-Tawab (2012) and Raiesi Ardali et al.(2014).

Effect of fortification and replacement by different levels of milk and dibs on minerals composition of date compote:

Data presented in Table (5) demonstrated the effect of fortification by milk, irrespective of replacement by dibs on minerals composition of date compote, i.e. K, Na, Ca, Mg and Fe contents (mg/100 g). Results clarified that fortification level by milk had a significant effect on the all studied minerals. Data demonstrated that increasing fortification of date compote by milk from zero to 25 and 50 % of date weight led to decrease in K content of date compote by7.52 and 12.76% and Na content by 8.54 and 4.01% of the control value (without or zero milk) ,respectively. In addition, data indicated that fortification of date compote by milk from zero to 25 and 50 % of date weight led to an increase in Ca content of date compote by 39.79 and 79.03%; Mg content of date compote increased by 30.72 and 55.56% and Fe content of date compote increased by 9.82 and 18.30%, respectively. This increase in the previous traits might be attribute to that milk was a good source of Ca and Mg contents. These findings are in the same line with those reported by The obtained data are in close agreement that reported by Soliman, (2005).

Regarding effect of replacement of sugar solution by dibs on minerals composition of date compote, irrespective of fortification by milk, was shown in Table (5). Data indicated that replaced dibs level had a significant effect on all previous minerals. The found results showed that increasing replacement of dibs level from zero to 50 and 100% of sugar solution led to increase in K content of date compote by 1.20 and 1.97%; Ca content by 7.53 and 18.41%; Mg content by 3.32 and 23.20% and Fe content by 18.27 and 34.62% of the control value (without or zero dibs) ,respectively. Also, results indicated that increasing quantity replacement of date compote by

dibs from zero to 50 and 100 % of date weight led to decrease in Na content of date compote by 1.97 and 5.31%, respectively. These increase in the previous traits might be attribute to that date flesh was a good source of Ca ; Mg ; K and Fe contents. The obtained data are in close agreement that reported by **Gad et al., (2010)**. **El-Nagga and Abd El – Tawab (2012)** and **Tang, et al. (2014)** revealed that Saidy date flesh was a good source for many elements, such as K (1000), Ca (28.5), Mg (52.0), Na (90.5), Zn (0.95) and Fe (10.0 mg/100 g of fresh weight). They added that the date is considered as a practical supplement for iron rather than iron tablets for those who have iron deficiency because it does not show side effects.

Effect of fortification and replacement by different levels of milk and dibs on essential and non- essential amino acids contents of date compote:

Data given in Tables (6&7) showed the effect of fortification by milk, irrespective of replacement by dibs on essential amino acids composition of date compote (histidine, isoleucine, leucine, lycine, methionine, phenylalanine tryptophan and valine) and non-essential amino acids composition of date compote, i.e. alanine, arginine, aspartic, cysteine, glutamic, proline, serine and tyrosine. Results indicated that fortification level by milk had a significant effect on all studied essential and non-essential amino acids contents of date compote. Data demonstrated that increasing fortification of date compote by milk from zero to 25 and 50 % of date weight led to increase in all studied essential and non-essential amino acids contents of date compote. This result might be attributed to that milk was a good source of essential and non-essential amino acids contents. These findings are in agreement with those reported by **Guetouache et al. (2014).**

Concerning effect of replacement of sugar solution by dibs on essential amino acids composition of date compote and nonessential amino acids. Results demonstrated that replaced dibs level had a significant effect on all studied essential and non-essential amino acids contents of date compote except alanine, arginine and aspartic acids were no significant, irrespective of fortification by milk (Tables 6&7) .The scored results showed that increasing replacement of dibs level from zero to 50 and 100% of sugar solution led to an increase in all studied essential and non-essential amino acids contents of date compote except alanine, arginine and aspartic acids. These results are in the same line with that reported by *Al-Farsi and Lee (2008)* and *El-Sohaimy and Hafez (2010)*.

Effect of fortification and replacement by different levels of milk and dibs on sensory evaluation of date compote:

Results given in Table (8) showed the effect of fortification by milk, irrespective of replacement by dibs on sensory parameters of date compote (flavour, appearance, taste, and consistency). Data pointed out that fortification level by milk had a significant effect on the all studied sensory parameters of date compote. Data indicated that increasing fortification of date compote by milk from zero to 25 and 50 % of date weight led to increase in flavor of date compote by 5.60 and 9.17%; appearance by 13.74 and 14.38% ; taste by 2.36 and 4.98 % and consistency by 3.52 and 6.36 % of the control value (zero or without milk) . The highest increase in the sensory parameters of date compote was recorded for the appearance of product. This result might be attributed to that colour of milk is white. These findings are in the same line with those reported by **Barłowska et al.**, **(2011).**

Regarding effect of replacement of sugar solution by dibs on sensory parameters of date compote, irrespective of fortification by milk, are shown in Table (8). Data indicated that replaced dibs level had a significant effect on the all studied sensory evaluation properties, i.e. flavor, appearance, taste and consistency. The found results showed that increasing replacement of dibs level from zero to 100% of sugar solution led to an increase in flavour by 10.11 to 15.78%; taste by 19.97 to 25.42%; consistency by 2.60 to 5.19% to control compote (without or zero dibs) to dibs compote, respectively. This increase in the previous traits might be attribute to those dibs was a good source of total sugars and especially fructose content. Also, results indicated that increasing quantity replacement of date compote by dibs from zero to 50 and 100% of sugar solution to decrease in appearance of date compote by 5.95%, to 1.75, respectively. This result might be expected due to the colour of dibs is brownish. The obtained data are in agreement with those reported by Soliman, (2005) and Amiri et al. (2014) for yoghourt incorporation by date palm paste and ice cream fortified with dibs .

Conclusion

Milk is having high nutritive value as it contains fat and water soluble vitamins, minerals, proteins and lipids. Date fruits are considered as a good source of sugars, fiber, minerals and other substances, but quite low in protein and fat. Also, Date syrup characterized with its higher calories, vitamins and minerals; Combination of them in date compote provides a highly nutritive product with benefits to gather. The recorded results in this work indicated that date compote supported by milk at 50% of date weight as source for the fat and protein and dibs at 100 % of date weight as an alternative to sugar solution is the best, highly nutritious.

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Sam	Date	Sugar solution	Dibs 65%weight	milk weight	Total date
Jam	weight	65 % woight (g)	% of Sugar	(g) % of date	compote
pie	(g)	65 % weight (g)	solution weight	weight	weight(g)
T1	1000	1500 g	Zero	Zero	2500 g
T2	1000	1250 g	Zero	25% (250 g)	2500 g
Т3	1000	1000 g	Zero	50% (500 g)	2500 g
T4	1000	750 g	50% (750 g)	Zero	2500 g
T5	1000	500 g	50% (750 g)	25% (250 g)	2500 g
T6	1000	250 g	50% (750 g)	50% (500 g)	2500 g
Τ7	1000	Zero g	100% (1500 g)	Zero	2500 g
Т8	1000	Zero g	100% (1250 g)	25% (250 g)	2500 g
Т9	1000	Zero g	100% (1000 g)	50% (500 g)	2500 g

 Table (1): Components weight of date compote for sugar solution

 replacement by dibs and fortification by Milk

Control of date compote samples was prepared without dibs and milk (T1). When samples contained zero dibs + milk 25% (T2), zero dibs + milk 50% (T3), dibs 50% + zero milk (T4), dibs 50% + milk 25% (T5), dibs 50% + milk 50% (T6), dibs 100% + zero milk (T7), dibs 100% + milk 25% (T8) and dibs 100% + milk 50% (T9)

	Chemical composition	Date flesh	Date syrup(Dibs) 65%	
	Moisture	21.69±0.20	35.33±0.29	
	Dry matter	78.31±0.20	64.67±0.30	
	Dietary fiber%	8.34±0.11	0.59±0.04	
	Protein%	1.72±0.03	1.03±0.07	
	Lipids%	2.04±0.05	2.33±0.09	
	Ash%	1.85±0.06	1.71±0.02	
	Total sugar%	74.95±0.15	55.09±0.37	
	Reducing sugars%	71.14±0.08	51.35±0.29	
	sucrose%	1.93±0.04	2.04±0.07	
Sugars	glucose%	33.68±0.18	25.99±0.70	
ougais	fructose%	31.22±0.30	23.12±0.20	
	glucose / fructose	1.08±0.01	1.11±0.03	

Table ((2):	Chemical	prop	erties	of	date	flesh	and	date	syrup	(Dibs	3)
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Values are expressed as the mean standard deviation of four determinations

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Indigenous	Milk Treatments of sugar replacer			replacer	Mean +SD	
maigenous	Treatments	Zero dibs	50 % dibs	100% dibs	Mean 100	
	Zero milk	77.96±0.72 b	79.48±0.46 a	80.13±0.246 a	79.19±0.25 a	
Total	Milk 25%	73.06±0.84 a	73.86±0.17 a	74.07±0.18 a	73.65±0.27 b	
solids%	Milk 50%	69.82±0.76 a	70.20±0.12 ab	70.97±0.16 a	70.23±0.34 c	
	Mean ±SD	73.61±0.33 c	74.49±0.20 b	75.06±0.06		
Total	Zero	6.88±0.11 a	6.81±0.13 a	6.53±0.05 b	6.74±0.05 a	
Diotony	Milk 25%	6.68±0.03 a	6.53±0.06 b	6.35±0.07 c	6.52±0.05 b	
fiber %	Milk 50%	6.66±0.05 a	6.48±0.03 b	6.31±0.02 c	6.48±0.03 c	
	Mean ±SD	6.74±0.02 a	6.61±0.06 b	6.40±0.04 c		
	Zero	1.78±0.03 b	1.84±0.06 b	2.00±0.05 a	1.86±0.04 c	
Total	Milk 25%	2.33±0.27 b	2.55±0.28 ab	2.93±0.09 a	2.60±0.19 b	
protein %	Milk 50%	3.05±0.08 c	3.33±0.12 b	3.60±0.15 a	3.33±0.11 a	
	Mean ±SD	2.39±0.10 b	2.57±0.13 b	2.83±0.10 a		
	Zero	1.49±0.07 a	1.49±0.06 a	1.60±0.02 a	1.53±0.03 c	
Total lipids	Milk 25%	1.87±0.08 b	1.91±0.04 b	2.21±0.100 a	2.00±0.04 b	
%	Milk 50%	2.08±0.04 c	2.20±0.05 b	2.85±0.07 a	2.38±0.04 a	
	Mean ±SD	1.81±0.03 b	1.87±0.01 b	2.23±0.05 a		
	Zero	1.91±0.05 c	2.19±0.07 b	2.61±0.02 a	2.24±0.01 c	
Ach %	Milk 25%	2.09±0.03 c	2.42±0.12 b	2.86±0.05 a	2.46±0.05 b	
A511 /0	Milk 50%	2.23±0.04 c	2.77±0.08 b	2.94±0.03 a	2.65±0.02 a	
	Mean ±SD	2.08±0.01 c	2.46±0.07 b	2.80±0.04 a		
	Zero	5.65±0.05 a	5.35±0.05 b	5.28±0.03 b	5.43±0.17 a	
nH voluo	Milk 25%	5.45±0.05 a	5.17±0.03 b	5.12±0.03 b	5.24±0.16 b	
PLIVAIUE	Milk 50%	5.18±0.03 a	5.03±0.06 b	4.90±0.10 b	5.04±0.14 c	
	Mean ±SD	5.43±0.01 a	5.18±0.02 b	5.10±0.03 c		

Table (3): Physiochemical composition of date compote made from different levels of milk and dibs

Values are expressed as the mean standard deviation of three determinations ^{a b c d e} Letters indicate significant differences between date compote treatments

Egyptian J. of Nutrit	on Vol. XXXIII	No. 2	(2018)
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Indigenous	Milk Treatments	Treatn	nents of sugar re	placer	Mean +SD
mulgenous	wink meannents	Zero dibs	50 % dibs	100% dibs	Mean 10D
Total	Zero milk	66.95±0.57 c	68.27±0.56 b	70.28±0.31 a	68.50±0.07 a
TULAI	Milk 25%	62.24±0.45 c	63.60±0.28 b	64.99±0.42 a	63.61±0.20 b
suyars %	Milk 50%	59.46±0.15 c	61.33±0.32 b	62.21±0.24 a	62.21±0.24 c
70	Mean ±SD	62.88±0.30 c	64.40±0.06 b	65.82±0.23 a	
Poducing	Zero	57.04±0.23 c	59.56±0.20 b b	62.65±0.12 a	59.75±0.08 a
Reducing	Milk 25%	53.84±0.28 c	54.64±0.24 b	57.08±0.14 a	55.19±0.16 b
sugars %	Milk 50%	51.68±0.10 b	52.45±0. 20 b	55.23±0.78 a	53.12±0.20 c
70	Mean ±SD	54.19±0.17 c	55.55±0.09 b	58.32±0.24 a	
	Zero	9.83±0.12 a	4.59±0.27 b	2.47±0.27 c	5.63±0.13 a
Sucrose	Milk 25%	8.12±0.06 a	4.09±0.16 b	2.21±0.12 c	4.81±0.07 b
%	Milk 50%	7.27±0.15 a	3.88±0.14 b	1.96±0.08 c	4.37±0.12 c
	Mean ±SD	8.41±0.08 a	4.18±0.18 b	2.21±0.05 c	
	Zero	23.98±0.28 c	26.07±0.06 b	28.59±0.26 a	26.21±0.17 a
Glucose	Milk 25%	22.47±0.46 c	24.03±0.43 b	25.62±0.12 a	24.04±0.29 b
%	Milk 50%	20.46±0.42 c	21.86±0.10 b	23.39±0.15 a	21.90±0.22 c
	Mean ±SD	22.30±0.26 c	23.99±0.13 b	25.86±0.11 a	
	Zero	22.92±0.27 c	23.95±0.14 b	25.79±0.11 a	24.22±0.17 a
Fructose	Milk 25%	20.13±0.40 c	21.83±0.17 b	23.73±0.30 a	21.80±0.11 b
%	Milk 50%	19.00±0.19 c	19.78±0.13 b	22.07±0.09 a	20.28±0.13 c
	Mean ±SD	20.69±0.10 c	21.85±0.05 b	23.86±0.11 a	
Glucoso/	Zero	1.05±0.02 b	1.09±0.01 a	1.11±0.01 a	1.08±0.01 a
Fructose	Milk 25%	1.12±0.03 a	1.10±0.01 a	1.08±0.01 b	1.10±0.01 a
ratio	Milk 50%	1.08±0.02 ab	1.11±0.003 a	1.06±0.01 b	1.08±0.01 a
Tallo	Mean ±SD	1.08±0.01 b	1.10±0.003 a	1.08±0.01 b	

Table (4) : Sugars composition of	date compote	made from	different
levels of milk and dibs			

Values are expressed as the mean standard deviation of three determinations

^{a b c d e} Letters indicate significant differences between date compote treatments

	from different levels of milk and dids						
Minerals	Milk Treatments	Treatm	nents of sugar re	eplacer	Mean +SD		
(mg/100g)	WIIK Treatments	Zero dibs	50 % dibs	100% dibs	Mean ±3D		
	Zero milk	77.96±0.72 b	79.48±0.46 a	80.13±0.246 a	79.19±0.25 a		
Potossium (K)	Milk 25%	73.06±0.84 a	73.86±0.17 a	74.07±0.18 a	73.65±0.27 b		
Fotassium (K)	Milk 50%	69.82±0.76 a	70.20±0.12 ab	70.97±0.16 a	70.23±0.34 c		
	Mean ±SD	73.61±0.33 c	74.49±0.20 b	75.06±0.06			
	Zero	6.88±0.11 a	6.81±0.13 a	6.53±0.05 b	6.74±0.05 a		
Sodium (Na)	Milk 25%	6.68±0.03 a	6.53±0.06 b	6.35±0.07 c	6.21±0.05 b		
	Milk 50%	6.66±0.05 a	6.48±0.03 b	6.31±0.02 c	6.48±0.03 c		
	Mean ±SD	6.74±0.02 a	6.61±0.06 b	6.40±0.04 c			
	Zero	17.8±0.03 b	18.4±0.06 b	20.0±0.05 a	18.7±0.04 c		
Calcium (Ca)	Milk 25%	23.3±0.27 b	25.5±0.28 ab	29.3±0.09 a	26.0±0.19 b		
Calcium (Ca)	Milk 50%	30.5±0.08 c	33.3±0.12 b	36.0±0.15 a	33.3±0.11 a		
	Mean ±SD	23.9±0.10 b	25.7±0.13 b	28.3±0.10 a			
	Zero	1.49±0.07 a	1.49±0.06 a	1.60±0.02 a	1.53±0.03 c		
Magnesium	Milk 25%	1.87±0.08 b	1.91±0.04 b	2.21±0.100 a	2.00±0.04 b		
(Mg)	Milk 50%	2.08±0.04 c	2.20±0.05 b	2.85±0.07 a	2.38±0.04 a		
	Mean ±SD	1.81±0.03 b	1.87±0.01 b	2.23±0.05 a			
	Zero	1.91±0.05 c	2.19±0.07 b	2.61±0.02 a	2.24±0.01 c		
Iron (Ee)	Milk 25%	2.09±0.03 c	2.42±0.12 b	2.86±0.05 a	2.46±0.05 b		
1011 (1 6)	Milk 50%	2.23±0.04 c	2.77±0.08 b	2.94±0.03 a	2.65±0.02 a		
	Mean ±SD	2.08±0.01 c	2.46±0.07 b	2.80±0.04 a			

 Table (5): Minerals composition (mg/100g) of date compote made from different levels of milk and dibs

Values are expressed as the mean standard deviation of three determinations

^{a b c d e} Letters indicate significant differences between date compote treatments

	compote made from different levels of milk an					
Essential	Milk Treatments	Treatments of sugar replacer				
amino acids	wink freatments	Zero dibs	50 % dibs	100% dibs	Wear 10D	
	Zero milk	19.77±0.39 c	20.91±0.41 b	21.69±0.17 a	20.79±0.89 c	
Histidino	Milk 25%	22.37±0.17 c	22.83±0.12 b	23.35±0.12 a	22.85±0.44 b	
Tilstidille	Milk 50%	23.65±0.17 c	23.99±0.11 b	24.39±0.16 a	24.01±0.35 a	
	Mean ±SD	21.93±0.11 c	22.58±0.13 b	23.14±0.06 a		
	Zero	35.38±0.46 c	37.26±0.31 b	39.08±0.43 a	37.24±1.64 c	
leoloucino	Milk 25%	37.10±0.23 c	38.48±0.77 b	39.99±0.72 a	38.52±1.36 b	
ISOleucine	Milk 50%	39.11±0.37 b	39.42±0.47 b	41.67±0.16 a	40.07±1.25 a	
	Mean ±SD	37.20±0.19 c	38.39±0.13 b	40.25±0.42 a		
	Zero	46.13±0.29 c	47.21±0.61 b	48.81±0.48 a	47.39±1.24 c	
Leucine	Milk 25%	48.10±0.18 c	49.61±0.29 b	51.01±0.19 a	49.57±1.27 b	
	Milk 50%	49.44±0.18 c	51.44±0.24 b	52.92±0.49 a	51.27±1.54 a	
	Mean ±SD	47.89±0.12 c	49.42±0.19 b	50.91±0.36 a		
	Zero	82.68±0.98 c	84.40±0.72 b	85.89±0.32 a	84.32±1.53 c	
Lycino	Milk 25%	85.07±0.25 a	86.29±0.27 a	86.36±1.70 a	85.91±1.07 b	
Lysine	Milk 50%	86.91±0.17 c	88.90±0.21 b	89.66±0.38 a	88.49±1.25 a	
	Mean ±SD	84.89±0.46 c	86.53±0.24 b	87.30±0.42 a		
	Zero	48.29±0.35 c	50.25±0.66 b	52.29±0.36 a	50.27±1.78 c	
Methionine	Milk 25%	50.15±0.43 c	50.99±0.08 b	53.81±0.51 a	51.65±1.69 b	
	Milk 50%	52.55±0.76 b	52.55±0.76 b	55.70±0.50 a	53.60±1.68 a	
	Mean ±SD	50.33±0.31 c	51.26±0.28 b	53.93±0.26 a		
Dhonylolonin	Zero	41.23±0.31 c	43.26±0.28 b	44.57±0.43 a	43.02±1.49 c	
Phenylalanin	Milk 25%	43.37±0.34 c	45.47±0.27 b	47.02±0.15 a	45.29±1.60 b	
e	Milk 50%	45.95±0.66 b	46.56±0.20 b	48.24±0.35 a	46.92±1.10 a	
	Mean ±SD	43.52±0.22 c	45.10±0.07 b	46.61±0.19 a		
	Zero	38.86±0.30 c	40.14±0.40 b	41.39±0.40 a	40.13±1.14 c	
Tryptophan	Milk 25%	40.11±0.31 c	41.48±0.14 b	42.99±0.40 a	41.53±1.28 b	
	Milk 50%	41.37±0.21 c	43.02±0.07 b	45.30±0.41 a	43.23±1.72 a	
	Mean ±SD	40.11±0.23 c	41.54±0.07 b	43.23±0.12 a		
	Zero	58.74±0.58 c	60.23±0.10 b	62.25±0.39 a	60.41±1.57 c	
Valine	Milk 25%	60.02±0.31 c	62.96±0.42 b	65.47±0.25 a	62.82±2.38 b	
vallite	Milk 50%	61.98±0.14 c	65.28±0.37 b	67.34±0.35 a	64.87±2.36 a	
	Mean ±SD	60.25±0.10 c	62.82±0.12 b	65.02±0.29 a		

Table (6): Essential amino acids (mg/100 g on dry weight) of datecompote made from different levels of milkand dibs

Values are expressed as the mean standard deviation of three determinations.

Table (7):	Non-es	ssential	amin	o acids	s (mg/	100 g	on d	ry v	veight	t) of
	date	compo	te ma	de fro	m diffe	erent	levels	of	milk	and
	dibs									

Non essential	Milk	Treatr			
amino acide	Treatments Zero dibs 50 % dibs 100% c				Mean ±SD
	Zoro milk	20 27±0 00 0	80.06±0.10.2	80.16±0.10 c	80 16+0 52 c
	Zero milk	81 55±0 28 2	81.42±0.10 a	80.10±0.19 a	80.10±0.32 C
Alanine	Milk 50%	82 02±0 20 2	87.42±0.10 a	83.25±0.06 a	83.03±0.22.2
	Mean +SD	81 58±0 38 2	81.47±0.04 a	81 64±0 04 a	03.03±0.22 a
		67.82±0.72 a	67 90±0 75 a	68 08±0 77 a	67 94±0 66 c
	Milk 25%	60 16±0 10 2	69.35±0.45 a	60.54±0.53 a	60 35±0 30 b
Arginine	Milk 50%	70 70±0.13 a	69.96±1.89.2	71 20±0 15 a	70 65±1 12 2
	Mean +SD	60.23±0.27 a	69.07±0.61 a	69.64±0.16.2	70.03±1.12 a
		09.23±0.27 a	09.07±0.01 a	09.04±0.10 a	91 62 0 92 6
		01.17±0.21 a	01.44±0.10 a	02.30±1.23 a	01.03±0.02 C
Aspartic %		63.34±0.35 a	83.63±0.31 a	85.78±0.20 a	83.56±0.32 D
		65.12±0.21 a	64.00±2.31 a	65.62±0.15 a	64.91±1.37 a
	Mean ±SD	83.21±0.24 a	83.02±0.74 a	83.90±0.50 a	47.00.0.45
	Zero	46.97±0.35 a	47.25±0.40 a	47.69±0.35 a	47.30±0.45 c
Cysteine	Milk 25%	49.56±0.58 b	50.06±0.57 ab	50.68±0.18 a	50.10±0.64 b
,	Milk 50%	51.73±0.10 c	52.10±0.25 b	52.77±0.17 a	52.20±0.49 c
	Mean ±SD	49.42±0.05 c	49.80±0.06 b	50.38±0.11 a	
	Zero	61.27±0.31 a	61.71±0.28 a	61.71±0.28 a	61.56±0.34 c
Glutamic	Milk 25%	63.46±0.23 a	63.77±0.20 a	63.77±0.20 a	63.66±0.24 b
	Milk 50%	64.89±0.33 b	65.63±0.12 a	65.63±0.12 a	65.38±0.41 a
	Mean ±SD	63.20±0.14 b	63.70±0.07 a	63.70±0.07 a	
	Zero	82.47±1.19 b	83.84±0.21 ab	85.02±0.18 a	83.78±1.26 c
Proline	Milk 25%	85.90±0.26 b	86.26±1.08 b	87.62±0.29 a	86.59±0.97 b
	Milk 50%	87.81±0.42 c	89.08±0.14 b	90.44±0.12 a	89.11±1.16 a
	Mean ±SD	85.40±0.61 c	86.39±0.34 b	87.69±0.19 a	
	Zero	73.45±0.48 b	75.71±0.30 a	76.06±0.19 a	75.07±1.26 c
Sorino	Milk 25%	74.79±0.21 c	76.74±0.16 b	77.33±0.43 a	76.29±1.18 b
Serine	Milk 50%	75.71±0.35 c	77.17±0.09 b	80.14±0.28 a	77.67±1.97 a
	Mean ±SD	74.65±0.29 c	76.54±0.03 b	77.84±0.19 a	
	Zero	78.10±0.16 c	79.95±0.23 b	82.17±0.56 a	80.07±1.79 c
Tyrosine	Milk 25%	79.99±0.23 c	81.42±0.18 b	83.64±0.10 a	81.68±1.60 b
-	Milk 50%	81.26±0.29 c	82.68±0.63 b	84.33±0.42 a	82.75±1.39 a
	Mean ±SD	79.78±0.15 c	81.35±0.09 b	83.38±0.18 a	

Egyptian J. of Nutrit	ion Vol. XXXII	l No. 2	(2018)
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Property	MILK	Treatments of sugar replacer			Moon +SD
	concentrate	Zero dibs	50 % dibs	100 % dibs	- Mean ±SD
Flavour (10)	Zero	7.63±0.15 c	8.50±0.10 b	9.07±0.06 a	8.40±0.63 c
	Milk 25%	8.17±0.06 c	8.97±0.06 b	9.47±0.06 a	8.87±0.57 b
	Milk 50%	8.53±0.06 c	9.33±0.06 b	9.63±0.06 a	9.17±0.49 a
	Mean ±SD	8.11±0.05 c	8.93±0.07 b	9.39±0.02 a	
Appearance (10)	Zero	8.10±0.10 a	7.73±0.06 b	7.53±0.06 c	7.79±0.26 b
	Milk 25%	8.67±0.06 b	9.17±0.06 a	8.73±0.06 b	8.86±0.24 a
	Milk 50%	9.43±0.06 a	8.83±0.06 b	8.47±0.06 c	8.91±0.43 a
	Mean ±SD	8.73±0.07 a	8.58±0.02 b	8.24±0.02 c	
Taste (10)	Zero	7.40±0.10 c	8.13±0.06 b	8.60±0.10 a	8.04±0.53 c
	Milk 25%	7.13±0.06 c	8.60±0.10 b	8.97±0.06 a	8.23±0.84 b
	Milk 50%	6.93±0.12 c	9.03±0.06 b	9.37±0.06 a	8.44±1.14 a
	Mean ±SD	7.16±0.05 c	8.59±0.07 b	8.98±0.07 a	
Consistency (10)	Zero	8.57±0.06 c	8.77±0.06 b	9.07±0.06 b	8.80±0.22 c
	Milk 25%	8.87±0.06 c	9.13±0.06 b	9.33±0.06 a	9.11±0.21 b
	Milk 50%	9.13±0.06 c	9.37±0.06 b	9.57±0.06 a	9.36±0.19 a
	Mean ±SD	8.86±0.05 c	9.09±0.02 b	9.32±0.02 a	
Overall acceptance (40)	Zero	31.70±0.30 c	33.13±0.06 b	34.27±0.06 a	33.03±1.12 c
	Milk 25%	32.83±0.06 c	35.87±0.23 b	36.50±0.00 a	35.07±1.70 b
	Milk 50%	34.03±0.06 c	36.57±0.15 b	37.03±0.21 a	35.88±1.40 a
	Mean ±SD	32.86±0.12 c	35.19±0.10 b	35.93±0.06 a	

 Table (8): Sensory evaluation of date compote made from different levels of milk and dibs

Values are expressed as the mean standard deviation of three determinations

^{a b c d e} Letters indicate significant differences between date compote treatments

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تقييم كمبوت البلح المعد بمستويات مختلفة من الدبس واللبن ٢ حسين فرويز محمد حسن ، و٢ هشام عبد الرحمن اسماعيل

^۱ قسم علوم وتكنولوجيا الأغذية و قسم علوم وتكنولوجيا الالبان كلية الزراعة بالوادى الجديد – جامعة أسيوط ،مصر

الملخص العربى

تدعيم كمبوت البلح باللبن (كمصدر للبروتين والدهن) والدبس (كبديل للمحلول السكرى) اعطى منتج عالى القيمة الغذائية ومنخفض التكلفة ، ويمكن ان يصبح منتج تصديرى للاستفادة من الكميات الكبيرة من التمور التى تمثل المنتج الرئيسى فى محافظة الوادى الجديد لزيادة دخل المزارع والمصنع . لذا اجرى هذا العمل فى معامل قسمى علوم وتكنولوجيا الاغذية والالبان بكلية الزراعة بالوادى الجديد- جامعة اسيوط اثناء موسمى ٢٠١٦ و ٢٠١٢ لدراسة تاثير تدعيم كمبوت البلح بمستويات مختلفة من اللبن (صفر ، ٢٥ و ٥٠ % من وزن التمر) واحلال الدبس (بمستويات صفر ، ٥٠ و ١٠٠ % من وزن المحلول السكرى) على الصفات الفيزوكيميائية والتقييم الحسى لكمبوت البلح .

اوضحت النتائج المتحصل عليها الاتى :

۱- حقق تدعیم کمبوت البلح باللبن (بمستویات من صفر ، ۲۰ و ۰۰ % من وزن الثمار)
 وکذلك استبدال المحلول السکری فی کمبوت البلح بالدبس(بمستویات صفر، ۰۰ و ۱۰۰ %
 من وزن الثمار) تاثیر معنویا علی کل من :

أ - الصفات الفيزوكيميائية لكمبوت البلح مثل نسبة المواد الصلبة الكلية ، الألياف الغذائية ،
 البروتين الكلية ، الليبيدات الكلية ، الرماد و قيمة رقم الـ_pH

ب - كميات السكريات لكمبوت البلح مثل نسبة السكريات الكلية , السكريات المختزلة ،
 السكروز ، الجلوكوز ، الفركتوز عدا نسبة الجلوكوز / الفركتوز بالنسبة الى التدعيم باللبن

ت - كميات العناصر المعدنية لكمبوت البلح مثل كميات البوتاسيوم ، الصوديوم ، الماغسيوم والحديد (ملليجم /١٠٠ جم).

ث - كميات الاحماض الامينية الاساسية لكمبوت البلح مثل احماض المستدين ، ايزوليوسين ، ليوسين ، الليسين ، ميثيونين ، الفنيل الانين ، تربتوفان ، الفالين والاحماض الامينية الغير اساسية مثل احماض الانين ، ارجنين ، الاسبارتيك ، سيستين ، جلوتاميك ، برولين ، تيروسين (ملليجم / ١٠٠جم على اساس الوزن الجاف)

ج - صفات التقييم الحسى مثل صفات النكهة ، المظهر ، الطعم والقوام والتحسن الاكبر كان فى المظهر بالنسبة للتدعيم باللبن ، والتحسن الاكبر كان فى الطعم بالنسبة لاستبدال المحلول السكرى بالدبس .

عموما من النتائح المتحصل عليها من هذا العمل نجد ان تصنيع كمبوت البلح المدعم باللبن كمصدر للبروتين والدهن بنسبة ٥٠ % من وزن الثمار والدبس كبديل للمحلول السكرى بنسبة ١٠٠ % من وزن المحلول السكرى كانت الافضل والاعلى فى القيمة الغذائية ويمكن تصديره للخارج لزيادة دخل المزارع والمصنع.